

May 2-3, 2025 Canaan Valley Resort & Conference Center

Educating and engaging pediatric providers in literacy initiatives for WV children and families.



Institute for Academic Medicine & Vandalia Health









Course Description & Registration

Please join us for the annual spring summit of the West Virginia Chapter, American Academy of Pediatrics (WV AAP) in Canaan Valley. This twoday seminar will provide the pediatric provider with information about relevant up-to-date topics in pediatrics. Registration includes course materials, CME credit, lunch, break, reception and dinner on Friday, and breakfast on Saturday. Reservations for the reception and dinner for spouses/guests can be made for \$45/person.

The focus of this year's Summit will be on the powerful connection between literacy and children's health. Through engaging sessions, expert speakers, and collaborative discussions, we'll share innovative strategies and resources to empower children and families and to foster healthier, more literate communities in West Virginia.

Additionally, there will be a free pre-conference workshop on Friday morning. In this workshop, participants will explore the crucial role of language in promoting mental health literacy within pediatric practices. Clear, compassionate communication is essential for helping families understand and navigate children's emotional and mental wellbeing. This session will provide practical strategies for pediatricians to incorporate health literacy principles into their everyday interactions with parents and caregivers.

COURSE OBJECTIVES:

- Participants will be able to identify and manage common pediatric sleep problems including obstructive sleep apnea, narcolepsy, insomnia, and restless leg syndrome/periodic limb movement disorders.
- 2. Participants will gain a clear understanding of the critical importance of shared reading from birth and its impact on the child, the family, and society.
- 3. Participants will be able to describe the underlying pathophysiology and diagnostic criteria for polycystic ovarian syndrome (PCOS) and the unique applications in adolescents.
- 4. Participants will be able to convey the importance of early literacy for school readiness to families and engage families with Dolly Parton Imagination Library of West Virginia.
- 5. Participants will be able to promote positive oral health routines and perform an oral health assessment including recognition of signs of early childhood caries (ECC).
- 6. Participants will be able to incorporate early literacy discussions and promote relational health during routine pediatric visits and anticipatory guidance.
- 7. Participants will be able to explain the ABC's of safe sleep for infants.
- 8. Participants will be able to identify the signs and symptoms of common mental health concerns in children and adolescents.
- 9. Participants will learn simple, practical, and evidencebased strategies to support children and families dealing with common mental health concerns.
- 10. Participants will be able to equip parents and caregivers with basic tools and resources to help manage their child's mental health at home.

REGISTER NOW!

Register and pay online by April 11, 2025: https://2025wvaapsummit.eventbrite.com

Location & Lodging



Reserve Your Room

Rooms have been reserved at Canaan Valley Resort & Conference Center in Davis, West Virginia. Find the booking link/group code below for the 2025 conference. Simply click the link, enter dates of stay, and group code in the applicable drop-down box. Complete the reservation. Or call the front desk at 304-866-4121, option1 and refer to the group code at time of booking.

About the Resort

Find us at the intersection of relaxation and recreation. With 160 rooms, 23 cabins, and 59 campsites, our resort provides lodging for any occasion. Perfect your swing on our championship golf course, swim in our outdoor and indoor pools, or ski down our 47 slopes and trails. No matter the season, you'll find no shortage of family-friendly activities.

You'll also find state-of-the-art conference and event spaces, on-site restaurants, and a fully-equipped fitness center. We have everything you need for the ultimate resort experience. But if you feel like exploring nearby, we're only a few hours' drive from Pittsburgh, Pennsylvania, as well as the Washington, D.C. and Northern Virginia metro areas.

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BOOK NOW!

https://www.canaanresort.com/book-now?pid=36402 Group ID Code: 1050SM

DIRECTIONS

https://www.canaanresort.com/directions/

Canaan Valley Resort & Conference Center 230 Main Lodge Road Davis, WV 26260

SUMMIT AGENDA

Friday, May 2, 2025

<u>10:00 AM – 11:30 AM</u> *Preconference Workshop* **The Power of Words: Promoting Mental Health Literacy in Pediatric Practices** *Claire Baniak, PsyD; Jenna Wallace, PsyD*

<u>11:30 AM – 12:30 PM</u> Lunch Available

<u>12:00 PM – 12:15 PM</u> Welcome Jennifer K. Gerlach, MD, WV AAP President

<u>12:15 PM – 1:15 PM</u> The Invisible Toolbox: The Power of a Pediatrician's Role in Promoting Literacy *Kim Jocelyn Dickson, MA*

<u>1:15 PM – 2:15 PM</u> Statewide Overview and Impact of Dolly Parton's Imagination Library of West Virginia on Early Literacy Jamie Lima, BS

2:15 PM – 3:15 PM The Kids Are Not Alright: What to Do When Psychological Support Is Out of Reach Claire Baniak, PsyD; Jenna Wallace, PsyD

<u>3:15 PM – 3:45 PM</u> Break

<u>3:45 PM – 4:45 PM</u> Polycystic Ovarian Syndrome: What? Why? and When? Jennie L. Yoost, MD, MSc, FACOG

<u>4:45 PM – 5:30 PM</u> WV AAP Annual Resident Research Competition

<u>5:30 PM – 7:00 PM</u> Break

7:00 PM Dinner

8:00 PM 5th Annual WV AAP Brainiatrics Bowl Hosted by Collin John, MD, MPH

Saturday, May 3, 2025

<u>8:00 AM – 9:00 AM</u> Breakfast Available

<u>8:00 AM – 9:00 AM</u> WV AAP Annual Business Meeting

<u>9:00 AM – 10:00 AM</u> Help! I am exhausted...my child won't sleep. Heather Clawges, MD

<u>10:00 AM – 11:00 AM</u> Brush, Book, and Bed - Part 1 James H. Duffee MD, MPH

<u>11:00 AM – 11:30 AM</u> Break

<u>11:30 AM – 12:30 PM</u> Brush, Book, and Bed - Part 2 James H. Duffee MD, MPH





Faculty

Claire Baniak, PsyD Heather Clawges, MD Kim Jocelyn Dickson, MA James H. Duffee, MD, MPH Collin John, MD, MPH Jamie Lima, BS Jenna Wallace, PsyD Jennie L. Yoost, MD, MSc, FACOG



WV AAP Annual Meeting Planning Committee

Dr. Emily Nease Chair, West Virginia University

Dr. Beth Emrick Marshall University

Dr. Jennifer Gerlach Marshall University

Dr. Elizabeth Copenhaver West Virginia University

Candice Lefeber Executive Director, WV AAP

Disclosure: It is the policy of the CAMC Health Education and Research Institute that any faculty (speaker) who makes a presentation at a program designated for AMA Physician's Recognition Award (PRA) Category I or II must disclose and financial interest or other relationship (i.e. spouses/partners, grants, research support, consultant honoraria) that faculty member has with the manufacturer(s) of any commercial product(s) that may be disclosed in the educational presentation. Program Planning Committee Members must also disclose any financial interest or relationship with the commercial industry that may influence their participation in this conference.

Accreditation



Institute for Academic Medicine

In support of improving patient care, this activity has been planned and implemented by The West Virginia Chapter of the American Academy of Pediatrics and CAMC Health Education and Research Institute. CAMC Health Education and Research Institute is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



Physicians

CAMC Health Education and Research Institute's CME program is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians. CAMC Health Education and Research Institute designates this live activity for a maximum of 12 AMA PRA Category I credit(s)[™] Physicians should only claim credit commensurate with the extent of their participation in this activity.

Nurses

The CAMC Health Education and Research Institute is an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This offering has been approved for 12 contact hours (JA0026-21-19-108) Expiration date is 2 years from the course date.

How do I get my CME?

You will be given access to a printable or paper certificate at the event. Following the event, your information will be provided to CAMC Institute and CAMC Institute will upload your learning credit into an electronic registration system. You can access your transcript at any time at http://camcinstitute.org/conference/registration.

Please provide your email address so that CAMC Institute can send you your login information.



WV AAP 2025 Summit Speakers





Claire Baniak, PsyD Co-Owner/Psychologist Unlocked Potential

Claire Baniak, PsyD, is a licensed clinical psychologist who specializes in the assessment, diagnosis, and treatment of neurodevelopmental disorders, including Autism, ADHD, Intellectual Disability, and Learning Disability. She also provides consultation regarding sexual health development for children and adolescents with neurodevelopmental differences.

Dr. Baniak earned her doctorate in Clinical Psychology (PsyD) in 2019 from Spalding University. She has worked in a variety of settings, including educational and medical settings. In 2024, alongside Dr. Jenna Wallace, she opened Unlocked Potential, a private practice located in Fairmont, WV that specializes in neurodevelopmental concerns.

Dr. Baniak enjoys spending time with her family, learning through watching documentaries, and baking a variety of breads and desserts. She is committed to supporting children with neurodevelopmental differences and their families and is a strong advocate for quality support and treatment across settings.



Heather Clawges, MD WVU

Dr. Heather Clawges is a native of Morgantown, WV. She obtained her residency in Internal Medicine and Pediatrics and maintains both board certifications. She is also boarded in Sleep Medicine and has been practicing sleep medicine exclusively since 2009. She is the medical director of 10 sleep beds in southern WV and maintains a part time position at WVU seeing pediatric sleep patients. When not working, she can be found in the gym, riding horses, skiing or watching her children at sporting events.



Kim Jocelyn Dickson, MA Author/educator/speaker

Kim Jocelyn Dickson, M.A., educator and author of THE INVISIBLE TOOLBOX: THE POWER OF READING TO YOUR CHILD FROM BIRTH TO ADOLESCENCE, has experienced and witnessed the life-changing power of literacy for herself, as a parent, and in hundreds of elementary school students that she taught over three decades. Her work is focused on empowering parents to understand the importance of and support for their child's love of reading, particularly in the first five years. Kim has presented at Dolly Parton's Imagination Library's worldwide biannual conference, the World Literacy Summit in Oxford, England and numerous literacy events at schools, churches, and libraries. She regularly contributes to theinvisibletoolbox.org.



James H. Duffee, MD, MPH Clinical Associate Professor, Pediatrics Boonshoft School of Medicine (Dayton, Ohio)

Dr. Jim Duffee is a pediatrician with clinical appointments in pediatrics and psychiatry at Boonshoft School of Medicine in Dayton, Ohio. He is the chair of the Health Promotion Alliance at the American Academy of Pediatrics, and a past chair of the executive committee of the Council on Community Pediatrics. Retired from clinical practice, he works part-time as a medical consultant to the Bureau for Maternal and Child Health at the Ohio Department of Health (ODH), particularly with the Title V program for children with special needs.

Dr. Duffee has received a number of professional awards, including the Health Care Delivery Award from the Academic Pediatric Association for founding a comprehensive pediatric medical home in an historically under-resourced community in Springfield, Ohio. In 2008, he was recognized as the Outstanding Pediatrician of the Year and in 2014 with the William H. Cotton Physician Advocacy Award by the Ohio Chapter of the AAP. He is the lead author of AAP policies on Child Poverty in the US, Early Childhood Home Visiting and Trauma Informed Care in Child Health Systems.



Jamie Lima, BS State Director Dolly Parton's Imagination Library of West Virginia

Recently relocated to the Huntington Tri-state area, Jamie brings twenty years' experience from the New York Metro area as a business entrepreneur operating award-winning School of Rock music education franchises. As a seasoned entertainment industry professional and vocalist, a highlight of her work included organizing and performing in national tours and benefit concerts raising funds and awareness for philanthropies like Ronald McDonald House and Society for the Prevention of Teen Suicide.

Jamie is inspired to continue her passion for philanthropy and youth enrichment in her role as State Director with Dolly Parton's Imagination Library of West Virginia, advancing early literacy in Appalachia, in partnership with Marshall University's June Harless Center for Rural Research and Development, and the Dollywood Foundation.

Jamie serves on the Literacy Task Force for West Virginia's Chapter of the American Academy of Pediatrics, and the Board of Directors for Let Them Rock, a 501(c)(3) providing access to performance-based music opportunities and scholarships to underserved youth in Appalachia. She is an Ambassador for the Huntington Regional Chamber of Commerce and represents FrontWomen national nonprofit community resource group supporting women leaders, educators and professionals, as well as LeadHERship West Virginia, and the Women's Impact Network.

Through service and collaboration, Jamie is truly excited for what can be achieved as a community to set our children up for success and achieve their dreams!





Jenna Wallace, PsyD Owner

Unlocked Potential

Dr. Wallace is a licensed clinical psychologist who specializes in the diagnosis and treatment of neurodevelopmental disorders. She earned her doctorate in Clinical Psychology (PsyD) from Marshall University. Dr. Wallace spent the first 7 years of her career in medical settings alongside various pediatric specialists. In 2024, she opened Unlocked Potential, a private practice that specializes in neurodevelopmental disorders, in Fairmont, WV.

Jennie L. Yoost, MD, MSc, FACOG Associate Professor Marshall Health OBGYN

Dr. Jennie Yoost is an Associate Professor of Pediatric and Adolescent Gynecology at Marshall University in Huntington, West Virginia. Dr. Yoost earned her medical degree at the University of Louisville and completed her residency at the Medical University of South Carolina in Charleston. She completed a fellowship in Pediatric and Adolescent Gynecology at Norton Children's Hospital in Louisville, Kentucky. She also has a Master's degree in Clinical Investigational Science from the University of Louisville.

Dr. Yoost has been a member of ACOG's Adolescent Health Committee and has chaired the NASPAG Research Committee which focuses on enriching research in pediatric and adolescent gynecology nationwide. Her research interests include contraception access, sexuality education, and HPV vaccination among underserved populations. Her medical practice involves gynecologic disorders in pediatric and adolescent patients.