



WV AAP

Children's Healthcare
Summit at Stonewall

May 1, 2026 / Stonewall Resort



Growing Up Healthy

Navigating the
Adolescent Journey



Institute for
Academic Medicine

Vandalia Health



2026 WV AAP Children's Healthcare Summit at Stonewall



Course Description & Registration

Please join us for the annual spring summit of the West Virginia Chapter, American Academy of Pediatrics (WV AAP) at Stonewall Resort. This one-day seminar will provide the pediatric provider with information about relevant up-to-date topics in pediatrics. Registration includes course materials, CME credit, breakfast, lunch, break, reception and dinner on Friday. Reservations for the reception and dinner for spouses/guests can be made for \$45/person.

The focus of this year's Summit will be on advancing adolescent health and supporting West Virginia teens through the complex transitions of growing up. Through engaging sessions, expert speakers, and collaborative discussions, we will explore critical topics such as puberty, mental health, social media influences, vaping dangers, sports-related injuries, STI and pregnancy prevention, and the latest immunization advocacy from the AAP. Together, we'll share strategies and resources to help adolescents thrive and to strengthen the health and well-being of communities across West Virginia.

Course Objectives

Participation at the Spring Meeting will allow attendees to be able to:

1. Identify emerging trends in tobacco, vaping, and novel nicotine product use among pregnant women and youth; describe evidence on maternal, fetal, and pediatric risks, including effects of in utero exposure; and apply evidence-based screening, prevention, and treatment strategies to reduce second- and third-hand exposure and manage nicotine dependence.
2. Demonstrate comprehensive musculoskeletal examination techniques, screen adolescents for abnormalities and asymmetry, and identify joint-specific injury and overuse patterns.
3. Evaluate evidence on social media and technology use, incorporate it into anticipatory guidance, and recognize advocacy initiatives to promote online safety for children and adolescents.
4. Gain skills to obtain inclusive sexual health histories, assess for sexual transmitted infection (STI) risk, recognize and manage common STIs, and identify opportunities to prescribe evidence-based medications for STI prevention.
5. Describe normal pubertal physiology, summarize historical and recent trends in pubertal timing, appraise key literature, and apply evidence-based approaches to the evaluation and management of precocious puberty while recognizing the clinical and psychosocial impacts of earlier pubertal development.
6. Identify common and emerging adolescent mental health concerns, apply evidence-based screening and initial management strategies, and recognize opportunities for referral, collaboration, and advocacy to improve mental health outcomes for youth.
7. Reinforce core pediatric medical knowledge and clinical reasoning while enhancing teamwork, rapid clinical decision-making, and application of evidence-based pediatric care principles through structured, case-based competition.
8. Summarize recent child health policy updates and advocacy wins and challenges at the state and federal levels, and apply practical advocacy strategies to advance child health and inform pediatric clinical practice.



Register and pay online by April 10, 2026:
<https://bit.ly/2026WVAAP>

Location & Lodging



Reserve Your Room

Rooms have been reserved at Stonewall Resort in Roanoke, West Virginia. Find the booking link/group code below for the 2026 conference. Simply click the link, enter dates of stay, and group code in the applicable drop-down box. Complete the reservation. Or call the front desk at 1-304-269-7400 and refer to the group code at time of booking.

About the Resort

Set within a pastoral landscape of sloping woodlands alongside the states second largest lake Stonewall Resort embodies both rustic elegance and classic appeal. Framed by the magnificent West Virginia mountains and designed to complement the inherent beauty of the mountain state the resorts grounds sweep across 1900 acres of pristine parkland providing visitors with an idyllic setting for recreation and relaxation. Embraced by the verdant rolling hills of the West Virginia countryside Stonewall Resort is the mountain lakes regions newest vacation retreat blending exciting activities and state of the art facilities with sumptuous surroundings and exceptional cuisine to create a resort experience that is truly unforgettable.



BOOK NOW!

<https://bit.ly/2026WVAAP-Lodging>
Group ID Code: 855394

DIRECTIONS

<https://bit.ly/2026WVAAP-Directions>

STONEWALL RESORT

940 Resort Drive Roanoke, WV 26447

SUMMIT AGENDA

Friday, May 1, 2026

8:00 AM

Registration open

8:30 AM – 9:00 AM

Exhibits/Breakfast Available

9:00 AM – 9:45 AM

The Timing of Puberty: Why is it Changing and Why Does it Matter?

Amanda S. Dye, MD

9:45 AM – 10:30 AM

Digital Dialogue: What providers should know about media's impact on children and adolescents

Elizabeth Dice, MD

10:30 AM - 11:00 AM

Break time to visit exhibitors

11:00 AM – 11:45 AM

Smoke, Vapes, and Pouches: The Hidden Consequences of Today's Tobacco Landscape for Mothers and Babies

Timothy P. Lefeber, MD

Mark Olfert, PhD, RRT, FAHA

11:45 AM

Lunch Buffet Available

12:00 PM – 1:00 PM

WV AAP Chapter Business Meeting

(Bring your lunch in the room)

***Posters Displayed for Resident Research by 1:00 pm**

1:00 PM – 1:45 PM

Issues in Adolescent Mental Health

Hillary N. Porter, DO

1:45 PM – 2:00 PM

Break time to visit exhibitors and posters

2:00 PM – 3:00 PM

Focused MSK Assessment in Adolescents

Kasey D. Stickler, MD

3:00 PM - 3:45 PM

Improving Sexual Health Care for Adolescents and Young Adults

Annemarie Swamy, MD

3:45 PM - 4:30 PM

Break/Visit Resident Poster Presentations (6) and Voting

4:30 PM - 5:30 PM

WV AAP Resident Research Oral Presentations

5:30 PM - 6:30 PM

Break

6:30 PM

Dinner

Speaking up for Kids: Advocating in all Conditions

Lisa Costello, MD

Geoff Rosenthal, MD, PhD

8:00 PM

2026 Annual Brainiatrics Bowl

Moderator Collin John, MD





Faculty

Dr. Lisa Costello
Dr. Elizabeth Dice
Dr. Amanda Dye
Dr. Collin John
Dr. Timothy Lefeber
Dr. Mark Olfert
Dr. Hilary Porter
Dr. Geoff Rosenthal
Dr. Kasey Stickler
Dr. Annemarie Swamy

WV AAP Annual Meeting Planning Committee

Dr. Emily Nease, Chair
West Virginia University – Morgantown

Dr. Beth Emrick
Marshall University – Huntington

Dr. Jennifer Gerlach
Marshall University – Huntington

Dr. Sana Farooki
Vandalia Health, Charleston Area Medical Center – Charleston

Dr. Jamie Jeffrey
Vandalia Health, Charleston Area Medical Center – Charleston

Dr. Hilary Morley
West Virginia University- Morgantown

Candice Lefeber
Executive Director, WV AAP

Disclosure: It is the policy of the CAMC Health Education and Research Institute that any faculty (speaker) who makes a presentation at a program designated for AMA Physician's Recognition Award (PRA) Category I or II must disclose any financial interest or other relationship (i.e. spouses/partners, grants, research support, consultant honoraria) that faculty member has with the manufacturer(s) of any commercial product(s) that may be disclosed in the educational presentation. Program Planning Committee Members must also disclose any financial interest or relationship with the commercial industry that may influence their participation in this conference.



Accreditation



In support of improving patient care, this activity has been planned and implemented by The West Virginia Chapter of the American Academy of Pediatrics and CAMC Health Education and Research Institute. CAMC Health Education and Research Institute is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



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Physicians

CAMC Health Education and Research Institute's CME program is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians. CAMC Health Education and Research Institute designates this live activity for a maximum of 8 AMA PRA Category I credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in this activity.

Nurses

The CAMC Health Education and Research Institute is an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This offering has been approved for 8 contact hours (JA0026-21-19-108) Expiration date is 2 years from the course date.

How do I get my CME?

You will be given access to a printable or paper certificate at the event. Following the event, your information will be provided to CAMC Institute and CAMC Institute will upload your learning credit into an electronic registration system. You can access your transcript at any time at <http://camcinstitute.org/conference/registration>

Please provide your email address so that CAMC Institute can send you your login information.



WV AAP 2026 Summit Speakers



Lisa Costello, MD, MPH, FAAP

*Associate Professor, Department of Pediatrics WVU School of Medicine;
Chair, AAP Committee on State Government Affairs
Pediatric Hospital Medicine, WVU Medicine Golisano Children's Hospital*

Lisa M. Costello, MD, MPH, FAAP is a lifelong West Virginian who hails from Weirton, WV and resides in Morgantown, WV where she is an Associate Professor in the Department Pediatrics at West Virginia University (WVU) and a Pediatric Hospitalist at WVU Medicine Golisano Children's Hospital. She is co-director of the Pediatrics Clerkship, leads a healthcare literacy and patient advocacy curriculum thread for the M.D. program, and is the advisor for the medical student group, Student Advocates Impacting Decision on Healthcare.

Dr. Costello is chair of the American Academy of Pediatrics Committee on State Government Affairs, and in 2022 received the AAP Section on Early Career Physicians Leadership in Advocacy Award. Dr. Costello is a Board of Trustees member and a past president of the West Virginia State Medical Association. She is a past president of the West Virginia Chapter of the American Academy of Pediatrics. Dr. Costello served as an advisor to the WV Department of Health and Human Resources Bureau for Public Health during the COVID-19 pandemic response and as the medical lead for the Joint Information Center within the West Virginia Joint Interagency Task Force for COVID-19 and public health matters. Dr. Costello is President of the WVU School of Medicine Alumni Association and a past recipient of the Margaret Buchanan Cole Young Alumnus Award from the WVU Alumni Association. She is a member of the WV State Journal's Generation Next 40 under 40 Class of 2024, graduate of the Leadership WV Class of 2021, was inducted into the West Virginia University Student Life Hall of Fame in 2022 and named a 2022 West Virginia Executive Young Gun. Her academic interests include advocacy, healthcare policy, social media, and improving communication with patients, healthcare professionals, and the public by utilizing technology and media to amplify advocacy and education.



Elizabeth Dice, MD

*Chief Resident, General Pediatrician
WVU Medicine Children's*

Elizabeth Dice is the current chief resident of the WVU Medicine Children's Pediatric Residency Program, working as a general pediatrician at the University Towne Center Clinic. She lives in Morgantown, WV with her husband of seven years and two sons and will soon join Pediatric Associates in Bridgeport, WV as an outpatient pediatrician as well as community hospitalist covering the UHC inpatient pediatrics unit and newborn service.



Amanda Dye, MD
Associate Professor of Pediatrics
Pediatric Endocrinology, Marshall University

Dr. Dye is a board-certified, fellowship-trained pediatric endocrinologist with over 20 years of clinical experience. She currently serves as Associate Professor of Pediatrics at Marshall University. A West Virginia native, Dr. Dye graduated from West Virginia University School of Medicine and completed pediatric residency and pediatric endocrinology fellowship at Nationwide Children's Hospital/The Ohio State University. Dr. Dye is actively involved in teaching and clinical practice at Marshall University. Outside of medicine, she enjoys snow skiing, tennis, and spending time with her husband and three daughters.



Timothy Lefeber, MD, FAAP
Associate Professor
Pediatric and Adolescent Group Practice

Dr. Lefeber is an Associate Professor at WVU School of Medicine in the Department of Pediatrics. He practices general pediatrics for WVU Medicine in Morgantown and Fairmont, WV. Dr. Lefeber is board certified by the American Board of Pediatrics. He completed his residency and chief residency in pediatrics at Children's Hospital of Pittsburgh of UPMC and graduated with his medical degree from the Medical College of Wisconsin.

Dr. Lefeber has a special interest in protecting children and families from the dangers of tobacco. Since 2017, Dr. Lefeber has conducted trainings across the state to pediatricians and other health care providers on the dangers of nicotine use, the harms associated with exposure to cigarette smoke, and how to empower families to live healthier lives free of smoke and nicotine. He developed the WV tobacco cessation toolkit for pediatric providers. Dr. Lefeber received training from the American Academy of Pediatrics Julius B. Richmond Center of Excellence on tobacco use prevention and cessation, is a certified tobacco treatment specialist and faculty of the Certified Tobacco Treatment Training Program in the WVU School of Dentistry. He serves as the WV State E-Cigarette Chapter Champion for the WV Chapter of the American Academy of Pediatrics. He is a member of the West Virginia State Tobacco Use Cessation and Prevention Task Force. He has provided expert testimony to the West Virginia State Legislature to advocate for funding and programs dedicated to cessation, prevention and reducing harms of tobacco and nicotine in the state.



Mark Olfert, PhD, RRT
Professor & Graduate Program Director
Inhalation Toxicology, WVU School of Medicine

Dr. Olfert is Professor in the School of Medicine at West Virginia University with joint appointment in Department of Human Performance, Division of Exercise Physiology and the Department of Physiology, Pharmacology & Toxicology. He serves as the Graduate Program Director of the Clinical & Translational Sciences PhD Program in the Robert C Byrd Health Sciences Center, and is a member of the executive committee for Center for Inhalation Toxicology. He received his Doctorate of Philosophy degree in Physiology & Pharmacology from Loma Linda University, Loma Linda, California in 2000. His post-doctoral training in pulmonary

physiology and vascular biology was performed at the School of Medicine, Division of Physiology, University of California San Diego. He has been named Fellow of the American Heart Association (FAHA) by the Council on Basic Cardiovascular Sciences in 2014, and Fellow of the American Physiology Society (FAPS) in 2017.

Prior to his graduate education, Dr. Olfert was trained as a Registered Respiratory Therapist (RRT) and has worked in adult, pediatric and neonatal intensive care settings for over 7 years. In addition, he is also a Certified Pulmonary Function Technologist (CPFT) and Perinatal/Pediatric Respiratory Care Specialist by the National Board of Respiratory Care.



Hillary Porter, DO

*Department of Pediatrics, Associate Professor
Pediatrics, Psychiatry, Child and Adolescent Psychiatry, Marshall Health Network*

Dr. Porter was born and raised in Ironton, Ohio. She chose to return to the Tri-State following her pediatrics, psychiatry & child & adolescent psychiatry residency in order to raise her family and treat the children of our area. Dr. Porter specializes in common pediatric and adolescent mental health disorders including but not limited to ADHD, aggression, anxiety, autism and depression.



Geoffrey Rosenthal, MD

Pediatric Cardiology, Retired

Chair of AAP's Committee on Federal Government Affairs Pediatric Cardiologist, Epidemiologist



Kasey Stickler, MD, CAQSM

Family Medicine

Marshall Family Medicine and Community Health

Graduate of the Marshall University Joan C. Edwards School of Medicine and completed Family Medicine residency training at Marshall University, followed by fellowship training in Sports Medicine. Currently practices in combined Family Medicine and Sports Medicine and serves as Associate Family Medicine Residency Director, with faculty appointments in both the Family Medicine Residency and Sports Medicine Fellowship programs. Serves as team physician for Marshall University Men's Soccer, including the 2020 National Championship team and the 2024 National Runner-Up team, as well as Marshall Softball and Spring Valley High School.



Annemarie Swamy, MD, PhD

Assistant Professor, Adolescent Medicine

CAMC Adolescent Medicine

Dr. Annemarie Swamy is an adolescent medicine physician practicing in Charleston. She specializes in conditions that disproportionately affect adolescents and young adults, such as sexually transmitted infections, menstrual disorders, depression, anxiety, eating disorders, ADHD, and POTS. She is board-certified in Pediatrics, Adolescent Medicine, and Obesity Medicine. She completed her MD and PhD in Cellular and Molecular Medicine at Johns Hopkins, Pediatric residency in her home state at the University of Kentucky, and returned to Johns Hopkins for her subspecialty fellowship training. She lives near Charleston with her husband, son, and mother-in-law.

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Children's Health Community Partner \$1,500

- Logo in program
- Exhibit table
- One registration

Non-Profit Partner \$250

- Exhibit table
- Listing in program

For sponsorship opportunities or to register for the summit, go to:
<https://bit.ly/2026WVAAP>